



MEDIA RELEASE

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To: All Media

From: LaSalle County MRC/LaSalle County Health Department
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For Immediate Release

“Youth Mental Health First Aid Training”

Ottawa, IL – The LaSalle County Medical Reserve Corps (LCMRC) is partnering with North Central Behavioral Health Systems, Inc. to offer Youth Mental Health First Aid Training. The internationally renowned evidence based course introduces the risk factors and warning signs of specific illnesses such as: Anxiety, Depression, Psychosis and Addiction and information about evidence-supported treatment programs. Learn how to appropriately respond to situations where mental health crisis and need is identified. The training is designed for those who would like to learn more about mental health. The training details are listed below:

Date: Wednesday, July, 18, 2018
Time: 8:30am-5:00pm
Location: LaSalle County Emergency Management Agency (EMA)
711 E. Etna Road, Ottawa, IL 61350
Cost: \$25 (manual and lunch)
Lunch: Working lunch provided

To register visit: <https://www.eventbrite.com/e/youth-mental-health-first-aid-training-tickets-46854395759>. Payments can be made online or brought to the training. Checks can also be written out to LCMRC and mailed to 717 E. Etna Road, Ottawa, IL 61350. Please register by Monday, July 16, 2018. The LaSalle County Medical Reserve Corps is a volunteer organization that is administered through the LaSalle County Health Department and their Emergency Preparedness Program.

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